

BLESSED TRINITY SHRINE RETREAT
 107 Holy Trinity Road · Fort Mitchell, Alabama 36856
 (334) 855-4474 · Fax (334) 855-4525
 E-mail: btsrmsbt@aol.com
www.msbt.org/mis_btsr.htm

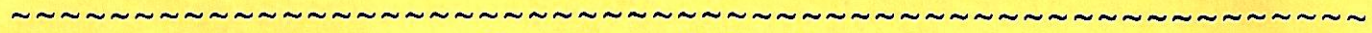
HEALING OUR TIRED HEART

Weekend Retreat
Friday, August 28 - Sunday, August 30, 2015
Registration: 7:00 p.m. (Eastern Time)

Care givers, parents, those in helping professions and anyone overworking often get edgy, sick, and even die prematurely because of “compassion fatigue”. When tired, we can become long on negativity and short on compassion because we are giving more than we are receiving. If you are feeling tired, a bit negative, burdened or wishing you could change something to get new life, you might be giving too much. It is past the time to come and rest, receive and recover life as promised. “Come to me all you who are heavily burdened and you will find rest for your soul.”

Presenter: Fr. Matt Linn, S.J. Fr. Linn has focused on integrating physical, emotional and spiritual healing. The co-author of numerous books, he has given courses and retreats in over 60 countries and trains spiritual directors. He is a member of the Assoc. of Christian Therapists and serves on the editorial board of *Presence: A Journal of Spiritual Direction*.

Fee: Weekend retreat \$180.00 (includes a \$40.00 non-refundable deposit)



Please make your check payable to:
 Missionary Servants of the Most Blessed Trinity or M.S.B.T.

REGISTRATION FORM

NAME OF RETREAT: _____ DATE: _____

MY NAME IS: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: _____ DEPOSIT ENCLOSED: _____